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SPOTLIGHT

veteran employee:

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Irene Givens Admin Building Montgomery Hall Park 1000 Montgomery Ave Staunton, VA 24401 332-3945 staunton.va.us/recreation

Director of Parks and Recreation, Christopher J. Tuttle, tuttlecj@ci.staunton.va.us

Superintendent of Recreation, Jennifer L. Jones, Jonesil@ci.staunton.va.us Superintendent of Parks, Steve DeVenny, Devennysd@ci.staunton.va.us

Building Codes:

MHP- Montgomery Hall Park; MHPC- Montgomery Hall Park Conference Room; MHPA- Montgomery Hall Park Activity Room; GHPG- Gypsy Hill Park Gym; GHPGC- Gypsy Hill Park Garden Center; NSTC- Nelson Street Teen Center; BTWCC- Booker T. Washington Community Center





Our new "Revolution" website created in May 2010 won the Virginia Recreation and Park Society award for Best Promotional Effort in Electronic Media. .stauntonparksandrecreationrevolution.com

Crawford, a JMU intern.

Staunton Girl's Softball Sign-ups

The Recreation Department will be taking sign-ups for the Spring season of girls' softball starting February 1. Teams will be formed based on the following age requirements: 8 & under, 10 & under and 12 & under. If interested in being a coach or to serve on the girls' softball board, please contact us at (540) 332-3945.

Price: \$50 per child



?

Did you know the second phase of the Gypsy Hill

the second phase of the Gypsy Hill
Skatepark was completed in 2009? A project
that would have normally cost \$60,000 was
completed for only \$17,788.99-totally
subsidized through donations earmarked
for the Skatepark as well as gratis and
discounted work and labor.
Total Skatepark expenditures to date:
\$105,593.99.

B

540rec

Athletics Specialist: James Corbett corbettjr@ci.staunton.va.us
Athletics Website: allprosoftware.net/staunton2011

athleties

Winter Co-ed Volleyball League

Co-ed volleyball offered to all players ages 16 and up. League will be played on Sundays at the Gypsy Hill Park Gym.

Price: \$100 per team Register by: January 20

Winter Indoor Futsal (Soccer) League

Staunton Recreation is proud to offer the second season of Futsal to all persons 16 years of age and older. Teams can be any mixture of male and female. The games will be played

at the GHPG on Tuesdays and Thursdays. Teams will be 5 on 5 and have a roster limit of 12.

Price: \$225 per team Register by: January 20

Babe Ruth Baseball Registration

6pm-8pm on February 27-March 2 at Gypsy Hill Park Gym for ages 13 prep, 14-15, and 16-18 based on youth's age as of May 1, 2012. Registration will also be taken at the Parks and Recreation Department during these dates and after. For more information, contact Debbie Gregory at (540) 332-3945. Price: \$55

Kiwanis Cal Ripken Baseball Registration

6pm-8pm on February 27-March 2 at Gypsy Hill Park Gym for boys and girls ages 4 to 12, based on child's age as of May 1, 2012. For more information, contact Debbie Gregory at (540) 332-3945

Middle School Intramurals!

Wednesdays at the GHPG during January and February, any student in grades 6-9 may participate in an array of intramural activities from 4pm-6pm. Some activities may include: kickball, dodgeball, basketball, bowling, skating or wiffle ball.

Price: FREE

a TRIP could be YOUR WINTER DESTINATION

Choose Your Trip: Busch Gardens OR Colonial Williamsburg

Get away for a day and spend it on an adrenaline high or reliving American history! We're heading to Williamsburg where you can choose to spend the day at Busch Gardens or at Colonial Williamsburg. Drop off/pickup at both locations. Leave the driving to us! Check out the prices for each place online, or give us a call.

Sunday, April 15

Depart GHPG at 7am Return around: 8pm Price: \$26 (*includes transportation only*)

Register by: April 6

Christmas Shopping Trip: Tyson's Corner

Shop til' you drop at Tyson's #1 from 10am-4pm then ride over to Tyson's #2 for some more shopping fun and a great dinner at The Cheesecake Factory. Saturday, December 17

Depart GHPG at 7:30am, Return: 10pm Price: \$30 (includes transportation only)

Register by: December 10

UVA Men's Basketball Games at JPJA

See the Cav's take on the Miami Hurricanes at 6pm

Saturday, January 7

Depart GHPG at 4:30pm, Return: 9pm

Price: \$45

(includes ticket and transportation)

Register by: January 2

The Cav's will be taking on the Florida State Seminoles at 7pm in this ACC match up, which should be a key game in determining NCAA tournament eligibility.

Thursday, March 1

Depart GHPG at 5:30pm, Return: 10pm

Price: \$45

(includes ticket and transportation)

Register by: February 25

Rascal Flatts & Sara Evans Concert

See these two amazing performers at the Roanoke Civic Center and leave the driving to us. Friday, January 13 Depart GHPG at 5:15pm, Return: 12am

Price: \$80 (includes transportation & ticket)

Register by: January 6

Greater Roanoke Home & Garden Show

Are you a HGTV junkie? Travel to Roanoke with us and discover ideas for your own home or garden. This show has the latest trends in decks, pools, spas, kitchen, bath, plants, storage, landscape displays/materials, kitchenware, a large plant sale, and more. Sunday, January 15 Depart GHPG at 9:30am Return around: 4:30pm Price: \$27

Shopping Trip: Potomac Mills

Find all the good deals at this great outlet mall. If you like, head over to IKEA for new innovative designs and lots of inexpensive styles for your home décor. Saturday, February 25

Register by: January 9

Depart GHPG at 9am, Return: 8pm

Price: \$24

Register by: February 20

♥ Skeets & Scmoochs Valentine's Day Trip

For all you couples out there wanting to do something different this Valentine's Day...grab your honey and let's go do some skeet shooting at The Homestead. Afterwards we'll enjoy lunch at a local restaurant before returning to Staunton. Make this Valentine's Day one to remember. Beginners welcome! Tuesday, February 14 Depart GHPG at 9am, Return: 2pm Price: \$85 (includes transportation, instruction & skeet shooting) Register by: February 3

Teens Day Out: Mystery Trip

Trust us to plan a day of mystery fun. Nope, we aren't telling what we're doing. Not even giving a little hint. What else do you have to do on a cold January Tuesday when you have the day off from school? It'll be one to remember! Parents, feel free to call to talk about the trip.

Tuesday, January 17

Depart GHPG at 10am, Return: 6pm

Price: \$20

Register by: January 9

24th Annual VA Spring Show, Richmond

The Virginia Spring Show is a grand collection of more than 300 upscale exhibitors from across the nation, featuring fresh new springtime designs and ideas. Choose from an unequaled selection of porcelain, woven wares, jewelry, quilts, garden statuary, dolls, reproduction furniture, pottery, carvings, braided rugs, tin ware, glassware, musical instruments and signs.

Saturday, March 10 Depart GHPG at 8:30am

Return around: 4:30pm

Price: \$24 (includes transportation & admission)

Register by: March 2

Shopping Trip: Short Pump & Trader Joe's

There are over 200 stores to explore. This open air 2 story shopping center has it all, from Nordstrom's to Crate & Barrel. Dress appropriately for the weather. Afterward we'll head to Trader Joe's to peruse their ever unusual, unconventional and interesting products. Psst, there's a cupcake bakery nearby. Saturday, March 24

Depart GHPG at 9am, Return: 8pm Price: \$26 (includes transportation)

Register by: March 16





We 're #1

Over the Summer 2011, after diligently posting two blogs per week, we finally passed New York City and the TV show Parks and Recreation to gain the #1 Google PageRank for the query "parks and recreation blog"



THE MAIDEN'S

Back in the late 1970's, Staunton's Recreation Division was just getting it's "sea legs" as a brand new division, joining in with the already established Staunton Parks Department. Steaming ahead with athletic leagues as the division's anchor programs was the new Director of Parks and Recreation, John Lancaster, and his crew of Ellen Bradley, Gloria Dove and Eddie Bales. They worked out of the old "monkey house" in Gypsy Hill Park, later

Voyage

BY: JENNIFER JONES

known as the Quarterback Club. Eddie was in charge of the athletic leagues, which were comprised mostly of men's and women's softball leagues. As the leagues were growing in popularity; so too was the demand for league umpires. As with any fledgling league, umpires were in short supply. This is where the voyage began for Olga Sandy, our department's first woman and longest serving umpire (male or female) now of over 30 years.

offerings and league deadlines)

In the Beginning:

Olga's brother Phillip Georganzis, who was already umpiring in the softball leagues, asked Olga if she was interested in becoming an um-

pire. Olga, in her 20's, had just begun playing softball because girls' sports were not offered on the high school level except as an intramural activity. Despite the lack of any kind of feeder program, Olga remembers about 10-12 women's teams playing at the Lake Tams Field (the Pond Field) in Gypsy Hill Park. Even though there were some older established women's teams such as the Virginia Belles, Olga, at the time, was not aware of these opportunities. As she fine-tuned her umpiring skills in the women's slow-pitch softball league, Olga then branched out into the men's softball league, mostly because Eddie Bales had a shortage of male umpires. Olga was not intimidated by the men. She says, "In all the years of umpiring (over 30), I have never had one man disrespect me." When asked why she thought this was (given the clientele) she said, "Because they knew I would call it fairly and keep it recreational, which is what it was meant to be." She said she respected the players and in turn, they respected her. When the players got upset she would talk to them, and if they were very upset she would ask them to go somewhere and calm down.

Ejections:

Over the 30 + years of her tenure, Olga has only had to throw two people out of a game. The first ejection was alcohol related. The player had been drinking, and Olga became concerned because as a pitcher, he had lost his ability to react and she surmised that he wouldn't be able to get out of the way of a line-drive. Thus for safety reasons, he was ejected from the game. The other ejection involved a player who refused to remove his metal spikes.

The Times They Are a Changin':

Initially, Olga was paid \$12 per game. Now she makes \$20 for softball and \$25 for flag football. She said she never needed the money, but instead umpired because she enjoyed the game. She said she still loves the game and is motivated

by that passion. When asked about the players today compared to back then, she said a few things have changed. "Although there are players with a passion for the game like back in the

"In all the years of umpiring (over 30) I have never had one man disrespect me"

day when some players drove 50 miles to play 4 nights a week," she recognizes that players today "have more fun in the parking lot than they do on the field." Olga also noted that it was hard to tell if the players of today were more skilled than in the past because the equipment has changed

so much. In the beginning there were wooden bats, and if a player hit a home run he really had accomplished something. Now the bats are high- tech metals and graphite, and the balls are

made with differing cores that pop off the bats. "You can't tell if players are any better or if it is just the upgrade in equipment," she says. Olga laments, "Once fast-pitch softball caught on, many slow-pitch teams broke up. No matter where you went to play slow-pitch tournaments, you kept playing the same teams over and over. Staunton lost its women's slow-pitch softball league, as did Waynesboro and Harrisonburg." She eulogized, "We stopped playing and it died."

On The Home Front:

Olga's husband Danny has been very supportive of Olga's passion though, according to Olga, he did not enjoy the times Olga umpired his games. Danny's business, Sandy's Home Improvement, has sponsored many men's, women's and tournament teams. Olga said he didn't mind sponsoring because he loved playing softball too.

Final Thoughts:

When asked if she missed playing softball herself, Olga responded, "I don't miss it because I found another recreation outlet in golf, but I do miss my friends from softball. Over the years a lot of people come and a lot of people go, but if I had it all to do over I would make the same choices – I enjoyed doing it." Olga has been a pioneer and role model for other women who have had the desire but lacked confidence or bravery to pursue athletic roles normally reserved for men. She has laid the foundation for female acceptance into what used to be an exclusive "men's club." Her extensive umpiring and playing career made her one of the most well known softball figures in the area. Nary a male nor female slow-pitch

recreation or competitive softball player in the Shenandoah Valley has not crossed paths at some point with Olga Sandy. Congratulations on your trailblazing accomplishments Olga, and Godspeed in your future endeavors.

Dance & fitness

Tai Chi for Health

Explore this time-proven branch of Traditional Chinese Medicine which combines gentle, continuous movement with Qigong breath work for self-healing. This practice will increase range of motion, improve balance, strengthen the body, and calm your "monkey mind". It also employs a teaching method which breaks down each movement into small steps which makes it easy to learn. Suitable for any fitness level- it can even be performed in a chair! Instructor: Linda Revis

6pm-7pm, six week class on Tuesdays and Thursdays starting March 6 at NSTC

Price: \$62

Register by: February 28

Vinyasa Flow Yoga

A flowing style yoga class linking yoga poses together to bring balance and harmony to our bodies as we move our bodies with our breath. This type of Yoga flow features cardiovascular conditioning, flexibility, strength and relaxation. Leave feeling relaxed and with an overall feeling of well being. Multi-level class, please wear comfortable clothes, bring a yoga mat & water classes held at MHPA.

Instructor: Ginger LeMasurier

Two class options:

Option I:

One Night a Week: Monday OR Wednesday

from 6pm-7pm

Price: \$38 per 8 weeks

Option II:

Two Nights a Week: Mondays & Wednesdays

from 6pm-7pm

Price: \$70 per 8 weeks

Classes start the week of January 9 and

last for 8 weeks.

Register ASAP



Q&a

BY CLAIRE RICHARDSON

How long have you worked for Staunton Parks & Rec?

33 years total. I began working at P&R when Eddie Bales was head of Sports and I started helping in the gym w/ basketball and then became the official scorekeeper during softball games when there was only 1 softball field in Gypsy Hill Park.

How long have you officiated Softball for Staunton Parks & Rec? 24 years

What sports do you officiate at Parks & Rec?

Softball, occasionally flag football, some kickball. In the past I've done volleyball and basketball.

What's your favorite thing about officiating?

I like being around the sport, if I'm not playing, I'm at least around it.



Zumba

The fusing of hypnotic Latin rhythms and easy to follow moves that create a dynamic fitness program that will blow you away. This power-packed workout is great for everyone no matter what your fitness level is! See you there! Instructor: Beckie Eagle 6pm-7pm, six Tuesdays starting January 10 at MHPA *option to continue Price: \$45 Register ASAP

Morning Warmups with Jolene

This on-going class is great for Seniors with tired muscles and as a followup for physical therapy. Bring hand weights, exercise mats and resistant bands. Healthy eating and diet tips are also shared. Men and women invited!

Instructor: Jolene Dewey 9am-10am on Tuesdays & Thursdays at Price: \$32 per 12 classes

Register ASAP

Did you know

that Montgomery Hall Park has a dedicated girls softball field that was completed in 2006. This field now is home to three Staunton little league girls teams, two travel teams, and the Lee High Varsity and JV programs?

Bimbi Line Dancers

Partners are not needed to join this informal, social and friendly dance group for adults 55 and wiser! Coordinator: Sharon Sturdivent 11am-12pm, Mondays at GHPGC Price: \$10 per brochure

Advanced Bimbi

Take those next steps! Class geared for those 45 and wiser! Some line dance experience necessary. Coordinator: Sharon Sturdivent

11am-12pm, Thursdays at GHPGC Price: \$10 per brochure

Ticknor's English Country Dance

Learn dances from the 17th & 18th centuries. All experience levels are welcome to attend! Wear low heel shoes. For details, call coordinator Becky Mc-Govern at 886-9729. 7:30pm-9pm, 2nd/4th Fridays at

GHPGC

Price: \$2 per class

Party Bridge Club

For the experienced bridge player who is interested in socialization as well as brushing up on their game. Party on! Not an instructional club. Thursdays, 1pm-4pm at MHPA Price: \$10 per brochure

Intro to Ballroom

Price: \$12.50 per class

Continue to improve and build on those dance skills established during the ballroom made easy class. Take the "extra steps" to be even snazzier on the dance floor! For details or to register, call Donald Dollins at (540) 337-3173. 6pm, Thursdays at GHPGC *continuous class

2 Step

Kick your heels up with the Country/ Western Two-step. The first eight weeks focus on the first level two-step which is best for slower songs and best maneuvering on the dance floor. Those interested can move into the more advanced and faster moving two-steps. For details or to register, call Donald Dollins at (540) 337-3173. 7pm, Thursdays starting GHPGC *continuous class

Price: \$12 per class

Intermediate Ballroom

Continue to improve and build on those dance skills established during the ballroom made easy class. Take the "extra steps" to be even snazzier on the dance floor!

For details or to register, call Donald Dollins at (540) 337-3173. 8pm, Thursdays at GHPGC Price: \$12.50 per class

What keeps you coming back?

The love of the game

Craziest thing/s you've had to deal with as an ump?

Sometimes some of the players want to argue about rules, I remember the first person I've had to toss out of a game, but not the last. I don't go into the games thinking I'm going to have to toss anyone out, it's about the game, but when some players won't stop, it becomes necessary. (continued page 10)

Mike taylor

Gypsy Hill Park Gym Hours JANUARY - APRIL 2012

Women's Open Gym, 6:30pm-8:30pm

Monday through Thursday

After-school Open Gym, 2:30pm-6pm NEW

*Wednesdays in January and February

After-school Intramural Activities (grades 6-9), 4pm-6pm

Friday & Saturday

When posted or available

Sunday

B-Division Volleyball Open Gym (18+) 6:30pm-9:30pm

Gym dates and times are subject to change when recreation leagues and school sports begin. Other times are subject to change by request and reservation. Gym Hours may be cancelled due to inclement weather.

Did you kno

that in addition to the 23 leagues that
we solely operate, we also co-sponsor or support
with fields and field maintenance these leagues;
A.Y.S.O. soccer, S.Y.F.L. football, S.Y.F.L.
cheerleading, Y.M.C.A. youth basketball,
Augusta FC soccer, Staunton Braves Baseball,
Staunton Augusta Basketball Club, American
Freestyle Karate, Mat Pack Wrestling Club,
Amberjax swim team, Kiwanis Club
Baseball, Augusta Babe Ruth Baseball,
and Shenandoah Club Volleyball?

More with Mike Taylor: (continud from page 10)

What's your favorite sport? Sports team?

Baseball- Cincinnati Reds

Where do you work?
Liberty Point Behavioral Center

Favorite thing to do in your spare time? Right now, I don't have much spare time but if had some, I'd like to spend the extra time with my family.

Where are you from?

I was born in Philadelphia, lived there till age 2 then came to Staunton, parents are from Staunton and most of brothers and sisters were born here.

Family?

Wife, 2 sons (25 and 14) 2 girls (20 and 12)

School? Lee High 1980

What has made you the proudest?

My children

Do your children play sports?

One daughter played Lee High softball for 5 years. Oldest son played football for quarterback club and other son plays baseball . Youngest daughter is now playing softball.

If you could change one rule in College Football, what would it be?

I think they should get rid of instant replay.



the art of making

Mosaic Mirror

Students will learn basic styles, techniques and history of mosaic tile art. Each participant will make their own small mosaic picture frame. Use your imagination and piece together a one of a kind mosaic masterpiece! This is an interactive class, please wear clothes appropriate for art projects. Ages 8+

Instructor: Andrea Hawkes 1pm-5pm, April 21 at NSTC

Price: \$54 (Includes instruction and supplies)

Register by: April 13

Tape-Estry: An Introduction to Duct Tape Art

Tape-Estry is a way to make one-of-a-kind quirky bags that no one else will have! Participants will learn how to make bags or place mats out of duct tape. Create something uniquely original that can't be bought, and leave with the knowhow to expand on your own innovative ideas! Classes held at NSTC.

Instructor: Jessica Proffitt

<u>Please choose from one of the following dates:</u>
6pm-9pm, January 12 and January 19, Register by: Jan 5
5pm-7pm, May 24 and May 31, Register by: May 17
Price: \$27

Nature Journaling

Incorporating science, literature and art, this 4 week course will expose children to the wonderfully expansive world of nature. Through nature walks, observational drawings and writings, as well as formal instruction, each child will create a focused nature study journal. Ages 8-12. Parents are welcome to stay.

Instructor: Debra Dance Schmid

3pm-4:30pm, Saturdays April 21, 28, May 5, 12 at the

MHP shelters

Price: \$45 (includes instruction and supplies)

Register by: April 16



facebook.com/ StauntonRecreationParks

Build a Plywood Boat Workshop

Interested in the Plywood Boat Regatta but have no idea how to begin boat construction? In this workshop, construct a life-size plywood boat which you may enter into the regatta in August. Pick out your design, then purchase the materials and let our regatta veteran show you how it's done! Children under 18 must be accompanied by an adult. Classes held in the Technology Shop at Fort Defiance High School. Please bring a packed lunch. Instructor: Thomas Verga

Please choose from one of the following:

9am-3pm, May 5, 12, 19 Register by: April 30

9am-3pm, July 14, 21, 28

Register by: July 9

Price: \$20 (includes instruction, boat supplies not

included)

Intro to Quilting

In this class, Ms. Gerri will teach you how to create a beautiful table runner using the pineapple block and basic sewing equipment. Please bring a sewing machine that is in good working order. A materials list will be provided upon registration. Please bring your own (working) sewing machine.

Instructor: Gerri Burress

5:30pm-7:30pm, January 12, 19, 26 at MHPA

Price: \$24 (includes instruction only)

Register by: January 6

Intermediate Quilting

Decorate your table for the holidays using your own handiwork. Learn the techniques of a hexagonal diamond log cabin table topper using the tried and true log cabin block for this wonderful project. Put together any combination of fabric and colors that you like to suit any holiday occasion. Material list will be given the first night of class. Please bring your own (working) sewing machine, and must have some sewing experience.

Instructor: Gerri Burress

5:30pm-7:30pm, five Thursdays starting February 9 at

MHPA

Price: \$39 (includes instruction only)

Our Department brochure this quarter features our athletics & athletic facilities and spaces.

Below is a note from the Athletics Specialist James Corbett

"To all of the citizens of Staunton and surrounding areas:

I send out sincere thanks for participating in and growing our sports programs making them great. In my eleven years the recreation department has progressed by a formidable number of participants and programs available for everyone. Through great leadership, a remarkable marketing staff and exceptional facilities, the department offers quality leagues and programs that appeal to almost all ages and skill levels twelve months a year. With the mission to constantly keep pushing forward and adapting to the wants and needs of the community we will not rest on our laurels and be content with the status quo. I would love to see more senior citizen and women based athletic leagues thrive, and continue to develop new facilities as we are maxed out on many in what they can support in a year with many becoming multi-use now. Please check out our current list of athletic leagues offered through the year on page 20. Some things on my radar for the near future I will be pushing for: a sand volleyball court, pickelball courts, an artificial turf multiuse field, youth flag football, and adult lacrosse just to name a few. Some of these things may take years and others may take only months to see to fruition but we are constantly pushing forward and trying to make your community better. I would love to hear your input on ideas about athletic programs you would like to see offered by our department. We may have limitations on staff or facilities to implement all ideas, but all input is greatly appreciated and valued."

Stay active! James Corbett corbettjr@ci.staunton.va.us



O· "What is imt	portant to you as it relates	to Parks and Recreation in or	ur community?''
Q. W But is imp	iorvain vo jon as a renaics		u communicy:
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/m1			
	agreement must be signed by andersigned in consideration of the per-	all participants or in the case of a min TRAVEL POLICY	or, his or her guardian.
mission granted to it by the City of	Staunton to hold harmless the City of damages, cost or expense which it may	All trips are to be paid in full when signing t	
incur because of such action, agrees	to indemnify and save harmless the said	Once a payment is received from a patron	
which the participant may hereafter	all liability, loss, damage, cost or expense incur, suffer or be required to pay by	that there is a no refund policy in effect ur	nless the Recreation department
	City of Staunton, VA. The undersigned on of said City, any claim made against		
	sons or property caused by said partici- hold harmless said City from any costs		
	e of any such claim. If said participant f age, the signature of a parent or legal	may incur. Name changing fees may occur o	n trips involving plane flights. In
guardian shall constitute the same in	ndemnification as provided above. The tos taken during programs/classes/trips	lose full deposit and spot on the trip.	
	uses, contact the Department if you do		
Signature		Signature	and rinver roney.
	walk-in Irene Givens Admin Building	mail-in Mail your completed registration form & o	check to:
		Staunton Parks & Recreation Department P.O. Box 58	
	1000 Monigomery Ave	1.0. DOX 30	

www.staunton.va.us/recreation www.stauntonparksandrecreationrevolution.com

KEN BOSSERMAN ACCEPTED INTO THE Southeast Regional Babe Ruth Baseball Hall of Fame

"It is with great pleasure that I can inform you

that you have been nominated and accepted for induction into the Babe Ruth League Southeast Regional Hall of Fame for 2011. Ken Bosserman must have been stunned and honored to read those words in a letter dated October 9, 2011- written to him from Henry P. Sermons, the Southeast Regional Commissioner of Babe Ruth League, Inc. After all, Ken has been the Staunton Kiwanis Baseball League Director for 41 years. So this honor has been a longtime in the making. Kenny played in the league in 1955 and then upon graduation from the University of Virginia in 1969 he became a league coach. Two years later in 1971, Ken Bosserman was named the League Director and has remained in that capacity ever since.

Chris Tuttle, the Director of Staunton Parks and Recreation praised Ken by writing in his nomination letter to Mr. Sermons, "Mr. Bosserman's actions speak louder than his words; several years ago he donated funding to build a new press box and dugouts to improve the field conditions for Staunton's youth....he is a true ambassador for baseball and it shows with his commitment to providing a positive baseball experience...."

The Kiwanis Baseball Program has averaged 400 players every season since its' inception back in 1946. During those 65 years the Staunton Kiwanis Club has operated the league free of charge including the league play, playoffs and tournament teams



with a no cut policy for league play. Roughly 16,400 players over 41 years have passed through the Kiwanis Baseball Program under the direction of Ken Bosserman. Many young baseball players' lives have been touched and influenced by Ken Bosserman and the opportunities afforded in the Kiwanis Baseball Program.

In his nomination letter to the Southeast

Regional Commissioner, Chief of Police Jim Williams writes, "As an individual with a vested interest in seeing our City's young people provided opportunities for positive growth during after school hours and other free time, Mr. Bosserman's commitment to serving our youth cannot be overstated."

Ken was elected in 1993 to be the District 4 Babe Ruth Baseball Commissioner and left his post as Babe Ruth Baseball League President. He has served in the Commissioner capacity concurrently with that of Staunton's Kiwanis Babe Ruth Baseball League Director. The Mayor of Staunton, Lacy King, had this to say about Ken in his nomination letter, "I have known Mr. Bosserman for about 45 years and during that time he has devoted himself to young people of Staunton as a school teacher, coach, and director of the youth baseball program. Mr. Bosserman works tirelessly to provide baseball to our youth. Anytime during the season you will find him either working on fields, working on a fund raiser or monitoring the Kiwanis concession stand...."

Congratulations to a most worthy recipient of the 2011 Induction into the Southeast Regional Babe Ruth League Hall of Fame – Mr. Kenton Bosserman.



(hild (ore tyouth

The HEART **Afterschool Program**

The HEART Afterschool Program is over 30 years old. We have perfected the art of afterschool programming by fine tuning our staff selection, the program schedule, staff training, and snack provision to create the ultimate balance. Providing for needs of the children includes a healthy dose of gross motor, self-selected play to compensate for the sedentary inactive school day. On top of that - our afterschool snacks rock! They include fresh fruits and vegetables, organic Greek yogurt, and many other whole and natural choices. Our most valuable asset and what sets us apart from our competition is our top notch staff. We have retained consistency in our staff over many years. Because HEART staff have the time to develop relationships with parents and children, a trusting and respectful atmosphere is created. Read much more on-line @ www.staunton.va.us/recreation. Fee: \$128/month

The HEART Beforeschool Program

An extension of the afterschool program, but in the morning from 7:30am until the am school bell rings. Fee: \$26/month

Middle School Intramurals!

Wednesdays at the GHPG during January and February, any student in grades 6-9 may participate in an array of intramural activities from 4pm-6pm. Some activities may include: kick-ball, dodgeball, basketball, bowling, skating or wiffle ball. Price: FREE

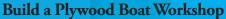
Camp Staunton

What sets our summer camp apart from other summer camps? We retain mature, experienced staff from one summer to the next. Our camps focus on outdoor physical activity and nature exploration, educational enrichment, activity choices and many field trips. We also believe that "age matters" so we separate our camps according to age. Check out our in depth view of Camp Staunton in both words and pictures @ www.staunton.va.us/recreation. Summer Playground Registration begins @ 8am March 1, 2012 @ Montgomery Hall Park.

Nature Journaling

Incorporating science, literature and art, this 4 week course will expose children to the wonderfully expansive world of nature. Through nature walks, observational drawings and writings, as well as formal instruction, each child will create a focused nature study journal. Ages 8-12. Parents are welcome to stay. Instructor: Debra Dance Schmid 3pm-4:30pm, Saturdays April 21, 28, May 5, 12 at the MHP shelters Price: \$45 (includes instruction and supplies) Register by: April 16

The athletics department has a 24 hour cancellation HOTLINE THAT IS UPDATED BY 4:00PM ON RAINY DAYS WITH POTENTIAL CANCELLATIONS. 540-332-3947



Interested in the Plywood Boat Regatta but have no idea how to begin boat construction? In this workshop, construct a life-size plywood boat which you may enter into the regatta in August. Pick out your design, then purchase the materials and let our regatta veteran show you how it's done! Children under 18 must be accompanied by an adult. Classes held in the Technology Shop at Fort Defiance High School. Please bring a packed

Instructor: Thomas Verga

Please choose from one of the following:

9am-3pm, May 5, 12, 19 Register by: April 30 9am-3pm, July 14, 21, 28

Register by: July 9

Price: \$20 (includes instruction, boat sup-

plies not included)

College & Scholarship Applications

Need help completing a college application or locating and applying for scholarships? Mentors will be available to help you navigate through the details. 4pm-6pm, Wednesdays

For more information, call (540) 332-3991

Did you know

that the Virginia Department of Game and Inland Fisheries stock Lake Tams with rainbow trout 5 times per year between October 1st and May 15th? They also stock channel catfish into the lake once a year.

Field of Deer Memorial Reception

Saturday, December 17, 4pm-6pm
This is an invitation to join the Staunton Parks and Recreation Department and the C.O.H.L.
Committee for light refreshments and holiday entertainment in a supportive atmosphere. Join us at the Gypsy Hill Park Pool as we honor loved ones with the deer memorial and the spoken word. Attendees will have the opportunity to verbally honor the person represented by their deer with a 2 minute-limited talk via sound system. We will not however, permit decorating of the deer or entry into the display area due to safety concerns. We expect this reception will be thoughtful, inspiring and cathartic.

Ellen's Gypsy Yard Sale

Saturday, February 11 8am-12noon, GHPG

This annual yard sale is in memory of our beloved Recreation Secretary Ellen Bradley who passed away after a long battle with Cancer. Ellen was the heart and soul of the Recreation Department for many years and we honor her by hosting a yard sale in her name. Ellen, who couldn't pass up a yard sale, would have loved this concept as she was the ultimate "picker" finding treasures in what looked like trash heaps to the untrained eye.

Thirty-five 10'x10' spaces are available. Price: \$14 per space, tables \$5 each. Pre-registration and pre-payment for tables required

Read in the Park

March 24, 31 & April 7, 14
12pm-1pm, meet at MHP parking lot
Reading in the Park promotes reading to children
in a fun, not-so-average environment. Children
can enjoy reading and will be read to from a
collection of children's books. Free books will
also be given out at the end of the event. Hope
to see you there! For more information about
this program, please contact: Lauren Sheridan
(540) 679-9394, Julie Forino (540) 290-6750, or
Kenesha Parish at parishk@svgs.k12.va.us

events

Eggstravaganza Egg Hunt

Saturday, April 7
10am-12pm, GHPGC
Join us for our Annual
Egg Hunt and Eggstravaganza
Festival complete with moonbounce,
old-fashioned egg coloring,
refreshments, arts and crafts activities,
face painting, and surprise entertainers.
Egg Hunt Ages/Times:
2 & 3 years- 10am
4 & 5 years- 10:30am
6 & 7 years- 11am

5th Annual All Girl Conference

8 to 10 years- 11:30am

Saturday, April 21

10am-3pm, BTWCC Middle and High School girls are invited to join us for this all day event designed to connect girls with community resources. Event includes keynotes speakers, interactive informational booths, workshops, food, giveaways, and much more! Join us as we explore the 2012 Conference theme: Celebrating Girls from Around the

Registration begins on March 1 and forms can be picked up in your school's office, at the Staunton Park & Rec. Department, or online at www. staunton.va.us/recreation.







Are you maximizing your grocery savings? Jump on the coupon train and let us show you new ways to \$ave. Learn how to take full advantage of clipping coupons and making your hard earned dollar stretch! We'll provide the paper, just bring yourself and a pennypinching attitude.

Instructor: Bryan & Jennifer Flavin 5:30pm-6:30pm, March 27 at MHPC Price: \$18

German for Tourists

Have a vacation coming up to a German speaking country? Learn the basic words and phrases needed to navigate a number of basic travel situations. These will include airport, customs, shopping, driving, sightseeing, and greetings. A new world is at your fingertips through German for Tourists!

Instructor: Anthony Jones
6pm-7:30pm, eight Wednesdays starting
January 18 at MHPC

Price: \$44 (that's just \$5.50 per class!)

Register by: January 11

Chef Challenge

Are you ready for a cooking class like you've never seen? In this special class it will be you calling the shots. You will be assigned a certain ingredient (for example, protein, vegetable, fruit, etc), which you will bring to class with you. The chef will have no idea what you are bringing in, but will show you how to turn the most random ingredients into a complete dinner using nothing but a well stocked pantry and some creativity. Similar to the show 'Chopped' on the Food Network Channel.

Instructor: Sean Connelly 6pm-8pm, March 2 at MHPA Price: \$30 (includes instruction Register by: February 24

Model Railroad Interest Meeting

ALL ABOARD for some of the most thrilling model train railroading. Come and decide if model railroading is something you would be interested in learning more about. In this interest meeting the following will be touched on, but will be expanded upon should there be a demand for a class. Learn the basic techniques of model railroading to create a turn of the century layout that entails the history of Staunton and the Shenandoah Valley. Track work, wiring, detailing, scenery, structures and trains will all be covered as well as some history of railroading.

Instructor: Kyle Labinski
6pm-7pm, February 21 at MHPC

Instructor: Kyle Labinski 6pm-7pm, February 21 at MHPC Price: FREE Call (540) 332-3945 to register by: February 14 legitimate way to make some extra money? Our Instructor, Ellen Werther, has been a successful mystery shopper for years. She certainly hasn't gotten rich, but she has made plenty of money. During the first class, participants will learn what mystery shopping is, how to find and register with mystery shopping companies, skills to be successful, & the pitfalls and downsides to mystery shopping. Participants will do actual mystery shop(s) on their own and then meet to discuss and learn from their experiences. Mystery shopping might not make you rich, but done correctly, it can be a solid source of income. And it can be lots of fun as well! If you have already been a mystery shopper, come share your experiences with us. Ages 18+. Classes held at MHPC Please choose from one of the following: 7pm-9pm, February 6 and 7pm-8pm, February 13 Register by: January 30 1pm-3pm, March 24 and 1pm-2pm,

March 31 Register by: March 19 Price: \$21

Recreation 3.0

interests

Co-Create with the Staunton Parks and Recreation Department.

Type "Recreation 3.0" into your search engine. Your photo could be our next cover. Co-Create community Programs and be a part of our virtual focus group.

Co-Creation will be implemented in 2012.

right brain

INSPIRATION. CREATIVITY. INTUITION

Awaken Your Soul with Creative Collage

Join a small group of women utilizing images in the collage process. Discover hidden messages from your own psyche through awakening your soul. Images are gathered onto a 5 by 8 card, then creatively explored. Learn this system of creating a deck of personal cards that can, over time, be utilized for self discovery. While this is not therapy, it can be a therapeutic way of healing the wounds of grief, or exploring transitional seasons in one's life. Women only class. For more details, check out www.soulcollage.com. Please bring \$20 to class for supplies.

Instructor: Katharine Pumphrey Knapp 9:30am-4pm, March 10 at MHPC Price: \$85 Register by: March 1

Feldenkrais Awareness Through Movement®

Have you ever moved in a way that clearly activitated a mind-body conversation between your thoughts and your sense of self? For example- You are gently moving to Marsha's guided instructions. Suddenly you discover details of a precise feeling of using your gluteus maximus (yep, your backside muscle) in a harmonious way that will ease your back when exercising. Waking up your brain with Awareness through Movement's sequences create new, effective patterns to improve fitness practice, to get rid of aches and pains and evoke pleasure in graceful moving. Whoever you are, whatever your condition, you can always learn to improve the quality of what you do. Please bring a wool blanket.

Instructor: Marsha Robertson 4pm-5pm, four Wednesdays starting March 7 at NSTC Price: \$42 Register by: February 29

LOL Yoga

This workshop will teach participants how to incorporate laughter into everyday life to lessen stress, develop better ways of coping, and promote overall better physical and mental health. Workshop will include laughter games, breathing practices, laughing and restorative meditation along with a presentation of scientific data substantiating the multitude of benefits of prolonged laughter. This type of workshop was even featured on and favored by Oprah! Classes are held at NSTC.

Instructor: Linda Revis

<u>Please choose from one of the following:</u>

7pm-9pm, March 13, Register by: Mar 6

10am-12pm, April 12, Register by: Apr 5

Price: \$15



scan with smartphone to view Athletics Vlog



Character Analysis

Have you ever wanted to understand someone a little better? Learning to read a person by their body size and shape, their facial structure, and their hands can be fun and informative. In many places this is a serious study that can help others discover their strengths and weaknesses. We will only scratch the surface in this fascinating field. Bring pictures of your friends or family to add to the exploration. Instructor: Margot Hawk

6pm-8pm, March 8 at MHPC Price: \$24

Register by: March 1

Hand Reflexology

Reflexology is a process of stimulating the reflexive points primarily in the feet and hands that releases tension and stress, improves circulation, releases nerve impulses, helps balance the entire body, improves lymphatic drainage and restores energy flow. We have thousands of nerve endings in our hands which when worked stimulate these changes. In this hands-on class, you will get to work on the hands of another person and yourself. Learn simple techniques to help you heal yourself of simple things like headaches or upset stomach. Margot, our instructor, was the director and primary teacher of Professional Therapeutic Reflexology at a Healing Arts Academy for 12 years. She has also taught at Blue Ridge Community College and James Madison University LLLI in VA as well as having a private practice for over 30 years.

5:30pm-8:30pm, March 22 at MHPC Price: \$24

Register by: March 15

Native American Flute: Beginners

Learn the basics of this hauntingly beautiful primitive instrument. It is so easy that you will be surprised at how good you sound. A Native American style flute is required, one can be ordered for you in advance for \$60.

Instructor: Lou Boden of Three Guys With Notes 5:30pm-6:30pm, January 17, 24, 31 @MHPC

Price: \$30

Register by: January 5

Using the Native American Flute for Meditation and Relaxation

Learn to Heal Yourself with an ancient easy to play instrument. Through a horrific fire and the ensuing transitions, Lou Boden's flutes helped to save him and he'll share that story with class participants. Also learn the flutes' history as well as simple techniques for grounding and connecting to the earth. A Native American style flute is required, one can be ordered for you in advance for \$60. Instructor: Lou Boden of Three Guys With Notes

5:30pm-7:30pm, February 7 & 14 at MHPC

Price: \$45

Register by: January 25

The Process of Self Discovery Workshop

Self discovery isn't a onetime thing, it's a lifelong adventure. In this workshop you'll be introduced to a process of perceptions that can greatly alter your take on how to tap into your inner core of self. This isn't about gimmicks and quick fixes. To use the tools that are provided in this workshop you'll have to put forth both effort and dedication in answering for yourself the questions 'Who am I' and 'What's my life's purpose?' Our instructor Jen Grassler has a eclectic background of everything from pastry cook to Outward Bound instructor. She also has written a book which was the inspiration for our summer camp theme of The Ultimate Mash-up, a reawakening of the right brain that births creativity from pure inspiration and a reliance on intuition or an inner knowing 10am-1pm, January 14 at MHPA

Price: \$14

Register by: January 9

COMMUNITY CENTERS 5

Gypsy Hill Park Gym 600 Churchville Ave, Building #247 (540) 332-3997 Morning Warmups with Jolene

Nelson Street Teen Center 900 Nelson Street (540) 332-3945

Tape-Estry: An Introduction to Duct Tape Art, Tai Chi for Health, LOL Yoga, Feldenkrais Awareness Through Movement*, Mosaic Mirror, Fabric Batik Did you know that construction of the Gypsy Hill Gym was completed in 1996 at a cost of \$657.367.40?

h

Booker T. Washington 1114 W Johnson Street (540) 332-3991

Free Tax Prep, Yarn, Hook, & Thimble Circle, Mat Pack Wrestling, Rhythm and Blues, 5th Annual All Girl Conference, College & Scholarship Applications, NAACP Youth (1st Mondays: 7:30pm), African-American Heritage Festival Foundation (2nd Tuesdays: 3:30pm), Community Involvement Awareness (2nd Tuesdays: 7:00pm), BTW Alumni Board (2nd Thursdays: 2:30pm), Festival of Lights Committee (Dates Vary), Boys and Girls Club



YEAR-ROUND ATHLETICS

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LEAGUES	SIGN UP DATES	ROSTER LIMIT	LEAGUE FEE
Co-ed Winter Volleyball	1/2-1/20	10	\$100 per team
Co-ed Winter Futsal	1/2-1/20	10	\$225 per team
Staunton Girl's Softball (8u,10u,12u)	2/1-3/23	15	\$45.00 per child
Babe Ruth (13, 14-15, 16-18)	2/27-3/2	15	\$55.00 per person
Men's Spring Flag Football	3/1-3/16	12	\$385.00 per team
Co-ed Spring Futsal	3/1-3/23	10	\$225.00 per team
Men's Softball Spring - A, B, C, D leagues	3/1-4/20	20	\$350.00 per team
Women's Softball Spring	3/8 -4/27	20	\$250.00 per team
Co-ed Spring Softball	3/15-5/4	20	\$250 per team
55+ Co-ed Softball Sprint	4/3-5/11	20	\$150 per team
Co-ed Adult Spring Kickball	5/1-5/18	15	\$100.00 per team
Co-ed Adult Summer 11 vs. 11 Soccer	5/1-5/25	20	\$35.00 per person
Co-ed Adult Summer Kickball	6/12-6/29	15	\$100.00 per team
Co-ed Big Ball Softball	7/2-7/30	20	\$200.00 per team
Fall Instructional Youth Baseball (Rookie, Junior,	, Bambino) 6/1-7/13	12	\$25.00 per person
Co-ed Fall Soccer 7 vs 7 Premier	8/8-8/31	15	\$40.00 per person
Co-ed Fall Soccer 7 vs 7 Recreational	8/8-8/31	15	\$40.00 per person
Co-ed Frostbite Softball	8/1-8/14	20	\$220.00 per team
Men's Fall Softball	8/1-8/14	20	\$220.00 per team
Co-ed Fall Volleyball	8/8-8/24	15	\$100.00 per team
Men's Flag Football Pro	8/1-8/24	15	\$385.00 per team
Men's Flag Football Recreational	8/1-8/24	15	\$385.00 per team
Co-ed Adult Fall Kickball	8/8-9/1	15	\$100.00 per team
Co-ed Fall Volleyball 2	10/1-10/22	15	\$100.00 per team
Co-ed Fall Futsal	10/1-10/22	10	\$225.00 per team
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Map produced by John Brady GIS courdinator, Staunton IT department



Q: How long have you lived in Staunton? A: I was born and raised in Staunton and graduated from R.E. Lee.

Q: Did you play sports in school?
A: Played baseball and JV football at Robert
E. Lee High School.

Q: How long have you been umpiring and refereeing?

A: For 32 years. I actually umpired under John D. Lancaster for 3 years prior to his death. Q: What is your favorite sport?

A: Basketball.

Q: What is your favorite pasttime?

A: Motorcycle riding and playing horseshoes

Jimmy is married to Danetta. They have 2 daughters and 2 grandsons. Jimmy Hartman retired from Western State Hospital after 38 years of employment, and is the former head coach of the R.E. Lee Girls Varsity Softball team.





'Let's Make Staunton Great For Kids!' GOLF TOURNAMENT FUNDRAISER

Saturday, April 28

The Staunton Parks & Recreation Department is creating a scholarship fund to open doors to under-privileged youth via financial provisions. We will host an annual fund raiser golf tournament to generate scholarship funds. The funds will be used to subsidize local youth/teens participation in our recreation programs. We hope to introduce these new experiences to our community's less fortunate youth, to benefit them by providing enlightenment, self-awareness and trying new lifetime physical fitness activities. Currently there is no such scholarship fund, and we need YOUR help to achieve this lofty goal. Sponsor a hole in this tournament or become a TITLE sponsor. ALL proceeds will go to the Youth and Teen Scholarship Fund which will be funneled to economically disadvantaged youth.

To Play:

This is a 4 man captain's choice tournament, mulligans will be sold on site and 1st Prize for the winning team will be \$100 gift certificates to Dick's Sporting Goods. Lunch will also be provided. Check-in: 8:30am Individual Tournament entry: \$35 To make team reservations, please contact Wes Allred at (540) 332-3949

To Sponsor:

Hole Sponsorship (Business or Individual): \$50 For sponsorship opportunities or to inquire about being a title sponsor please contact:

Claire Richardson at (540) 332-3945 or richardsonca@ci.staunton.va.us

THANK YOU to our current sponsors & community supporters:

Fretwell Bass & Acoustic Instruments, Pufferbellies, Education Through Music, Blue Mountain Coffees, Sunspots, Black Dog Bikes, Pampered Palate, Bill McMeans & Co., Ross Shull of Edward Jones, Patient Care Plus, Sign Master Inc., Young's Hardware, Mary Baldwin College, Baja Bean, Escape Skate Shop, Staunton Plant Company, Wilderness Adventure, Northwestern Mutual, Mad Hat Team & Apparel, Augusta Glass & Mirror and Royal Priesthood Ministries, Shenandoah Valley Kiwanis Club. Title Sponsor is the Staunton Citizens Police Academy Alumni Association.

